

## South Glens Falls MIDDLE SCHOOL Breakfast and Lunch Menu SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Charge Policy:</b> <u>One</u> charge per student. Go to <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a> to add money.</p> <p><b>Deli Bar daily on RED Lunch Line:</b> ham, turkey, bologna, salami, tuna w/ lettuce, tomato, cheese, onions, pickles on roll. Lunch: <b>\$2.30</b>, reduced: <b>\$0.00</b>, milk: <b>\$0.50</b>, adult: <b>\$4.07</b> tax included, adult milk: <b>\$0.55</b></p>			<p><b>9/5</b> Cereal, bagel, cream cheese, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Hotdog, pickles, French fries, fruit, milk <b>BLUE:</b> Cheeseburger pickles, French fries, fruit, milk</p>	<p><b>9/6</b> Cereal, yogurt, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Fish on bun OR Corn dog, broccoli, fruit, milk <b>BLUE:</b> Stuffed crust pizza, broccoli, fruit, milk</p>
<p><b>9/9</b> Cereal ,Breakfast pizza, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Bacon cheeseburger, baked beans,cauliflower, fruit, milk</p> <p><b>BLUE:</b> Mac and cheese, cauliflower,, fruit, milk</p>	<p><b>9/10</b> Cereal,Egg/cheese muffin, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Meatball sub, carrots, fruit goodie, fruit, milk <b>BLUE:</b> Soft taco,refried beans,, fruit, milk</p>	<p><b>9/11</b> Cereal,hot muffin, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Roast Chicken waffles, coleslaw, roll, fruit, milk <b>BLUE:</b> BBQ pork rib bun, coleslaw, fruit, milk</p>	<p><b>9/12</b> Cereal, bagel, cream cheese, fruit, juice, milk</p> <hr/> <p><b>RED:</b>Turkey club, French fries, peas, fruit, milk <b>BLUE:</b> Crunchy chicken wrap,french fries, peas, fruit, milk</p>	<p><b>9/13</b> Cereal, Yogurt, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Moz stix, salad, chickpeas, fruit, milk</p> <p><b>BLUE:</b>Pepperoni/cheese pizza, salad, chickpeas, fruit, milk</p>
<p><b>9/16</b> Cereal ,Breakfast pizza, fruit, juice, milk</p> <hr/> <p><b>RED:</b> BBQ pork rib on bun, baked beans, green beans, fruit, milk <b>BLUE:</b> Bacon cheeseburger,pickles green beans, fruit, milk</p>	<p><b>9/17</b> Cereal,Egg/cheese muffin, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Double hotdog, pickles, corn, fruit, milk <b>BLUE:</b> Turkey tacos, refried beans, corn, fruit, milk</p>	<p><b>9/18</b> Cereal, hot muffin, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Rotini with meatballs, garlic toast, carrots, ranch, fruit, milk <b>BLUE:</b>chicken fingers, carrots, ranch, fruit, milk</p>	<p><b>9/19</b> Cereal, bagel, cream cheese, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Chicken patty on bun, broccoli, fruit, milk</p> <p><b>BLUE:</b> Fish sticks w/roll OR Corn dog, broccoli, fruit, milk</p>	<p><b>9/20</b> Cereal, yogurt, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Mozz cheese sticks, bread stick, salad, chickpeas, fruit, milk <b>BLUE:</b> Cheese pizza, salad, chickpeas, fruit, milk</p>
<p><b>9/23</b> Cereal ,Breakfast pizza, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Sloppy joe, French fries, peas, fruit, milk</p> <p><b>BLUE:</b> Roast chicken, peas, French fries, fruit, milk</p>	<p><b>9/24</b> Cereal Egg/cheese muffin, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Pulled pork sandwich, baked beans, pickles, fruit, milk <b>BLUE:</b> chickenbowl, corn,roll, pickles fruit, milk</p>	<p><b>9/25</b> Cereal, hot muffin, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Sausage and cheese bagel, hash brown, veggie cup, fruit, milk <b>BLUE:</b> French toast sticks, sausage, hash brown, veggie cup, fruit, milk</p>	<p><b>9/26</b> Cereal, bagel, cream cheese, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Grilled cheese, tomato soup, carrots, fruit, milk</p> <p><b>BLUE:</b> Chicken patty on bun, tomato soup, carrots, fruit, milk</p>	<p><b>9/27</b> Cereal, yogurt, fruit, juice, milk</p> <hr/> <p><b>RED:</b> Mozz sticks, bread stick, salad, chickpeas, fruit, milk</p> <p><b>BLUE:</b> Cheese OR Pepperoni pizza, salad, chickpeas, fruit, milk</p>
<p><b>9/30</b> Cereal ,Breakfast pizza, fruit, juice, milk</p> <hr/> <p><b>RED:</b>Bac cheeseburg baked beans,cheesy cauliflower fruit, milk <b>BLUE:</b>, Bac cheese chic sand, baked beans,cheesy cauliflower, fruit, milk</p>				