


**South Glens Falls MIDDLE SCHOOL Breakfast and Lunch Menu
MAY 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Deli Bar daily on RED Lunch Line: choice of ham, turkey, bologna, salami or tuna w/lettuce, tomato, cheese, onions, pickles on hard roll or steak roll. Lunch price: \$2.25, reduced: \$0.25, milk: \$0.50, adult: \$4.07 tax included, adult milk \$0.55</p> <p>Charge Policy: One charge per student. Go to www.myschoolbucks.com to add money or check account balances and spending habits.</p>		<p>5/1 Cereal,Egg/cheese sand, fruit, juice, milk</p> <hr/> <p>RED: Chicken parm/bun, French Fries, peas, roll, fruit, milk</p> <p>BLUE: Meatball sub, French Fries, peas, fruit, milk</p>	<p>5/2 Cereal, bagel, cream cheese, fruit, juice, milk</p> <hr/> <p>RED: Sausage and cheese bagel, hash brown, carrots, ranch fruit, milk</p> <p>BLUE: French toast sticks, sausage, hash brown, carrots, ranch, fruit, milk</p>	<p>5/3 Cereal, mini cinnis, fruit, juice, milk</p> <hr/> <p>RED: Mozz cheese sticks, bread stick, salad, chickpeas, fruit, milk</p> <p>BLUE: Cheese Pizza sauce, salad, chickpeas, fruit, milk</p>
<p>5/6 Cereal ,Breakfast pizza, fruit, juice, milk</p> <hr/> <p>RED: Pork rib on bun, green beans,sweet potato fries, fruit, milk</p> <p>BLUE: Chicken patty/bun, green beans,sweet potato fries, fruit, milk</p>	<p>5/7 Cereal, yogurt, fruit, juice, milk</p> <hr/> <p>RED: Salisbury steak, mashed potatoes, peas, fruit, milk</p> <p>BLUE: Chicken bowl, roll, peas, fruit, milk</p>	<p>5/8 Cereal,hot muffin, fruit, juice, milk</p> <hr/> <p>RED: Chili dog w/cheese, baked beans, coleslaw, fruit, milk</p> <p>BLUE: Chicken Tenders,pretzel,salad, fruit, milk</p>	<p>5/9 Cereal, bagel cream cheese, fruit, juice, milk</p> <hr/> <p>RED: Chicken and waffles, corn, fruit, milk ,Jello</p> <p>BLUE: Walking taco, refried beans and corn, fruit,Jello, milk</p>	<p>5/10 Cereal, mini cinnis, fruit, juice, milk</p> <hr/> <p>RED: Fish on bun OR Corn dog, broccoli, fruit, milk</p> <p>BLUE: Stuffed crust pizza, broccoli, fruit, milk</p>
<p>5/13 Cereal, Breakfast pizza, fruit, juice, milk</p> <hr/> <p>RED: Bacon cheeseburger, baked beans, corn, fruit, milk</p> <p>BLUE: Soft taco, refried beans, corn, fruit, milk</p>	<p>5/14 Cereal, yogurt, fruit, juice, milk</p> <hr/> <p>RED: Grilled cheese, tomato soup, veggie cup, fruit, milk</p> <p>BLUE: Chicken fajita, veggie cup, fruit, milk</p>	<p>5/15 Cereal, hot muffin, fruit, juice, milk</p> <hr/> <p>RED: Hot Turkey sand, gravy, garlic mashed potatoes, coleslaw, roll, fruit, milk</p> <p>BLUE: Chicken patty,garlic mashed potatoes, coleslaw, fruit, milk</p>	<p>5/16 Cereal, bagel, cream cheese, fruit, juice, milk</p> <hr/> <p>RED: Sausage/cheese bagel, hash brown, carrots, ranch fruit, milk</p> <p>BLUE: French toast sticks, sausage, hash brown, carrots, ranch, fruit, milk</p>	<p>5/17 Cereal, mini cinnis, fruit, juice, milk</p> <hr/> <p>RED: Cheese or Buffalo chix Pizza, salad, chickpeas, fruit, milk</p> <p>BLUE: Chicken Tenders, salad, chickpeas, fruit, milk</p>
<p>5/20 Cereal Breakfast pizza, fruit, juice, milk</p> <hr/> <p>RED: Meatball sub, broccoli, fruit, milk</p> <p>BLUE: Mac and cheese, broccoli, fruit, milk</p>	<p>5/21 Cereal, yogurt, fruit, juice, milk</p> <hr/> <p>RED: Pork rib on bun, mashed potatoes, corn, fruit, milk</p> <p>BLUE: Chicken bowl, corn, fruit, milk</p>	<p>5/22 Cereal, Egg and cheese Biscuit,fruit, juice, milk</p> <hr/> <p>RED: Rotini w/Meat sauce, salad, chickpeas, fruit, milk</p> <p>BLUE: Mozz sticks, salad, chickpeas, fruit, milk</p>	<p>5/23 Cereal, bagel, cream cheese, fruit, juice, milk</p> <hr/> <p>RED: Pulled pork sandwich, baked beans, veggie cup, fruit, milk</p> <p>BLUE: Chicken/waffle, veggie cup, fruit, milk</p>	<p>5/24 Cereal, mini cinnis, fruit, juice, milk</p> <hr/> <p>RED: Fish sticks, roll OR Corn dog, carrots, ranch, fruit, milk,fruit goody</p> <p>BLUE: Cheese OR Pepperoni pizza, carrots, ranch, fruit, milk,fruit goody</p>
<p>5/27 NO School Today!</p> 	<p>5/28 Cereal,yogurt, fruit, juice, milk</p> <hr/> <p>RED: Chicken patty on bun, sweet potato fries, fruit, milk</p> <p>BLUE: Sloppy joe/bun, sweet potato fries, fruit, milk</p>	<p>5/29 Cereal, hot muffin, fruit, juice, milk</p> <hr/> <p>RED: dble hot dog, baked beans, pickles, fruit, milk</p> <p>BLUE: Crunchy chicken wrap, baked beans, pickles, fruit, milk</p>	<p>5/30 Cerea,bagel,cream cheese, fruit, juice, milk</p> <hr/> <p>RED: Sausage/cheese bagel, hash brown, carrots, ranch fruit, milk,pudding</p> <p>BLUE: French toast sticks, sausage, hash brown, carrots, ranch, fruit, milk,pudding</p>	<p>5/31 Cereal, mini cinnis, fruit, juice, milk</p> <hr/> <p>RED: Italian dunkers, salad, chickpeas, fruit, milk</p> <p>BLUE: Mozz stix, salad, chickpeas, fruit, milk</p>

