

**South Glens Falls MIDDLE SCHOOL Breakfast and Lunch Menu
February 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Charge Policy: One charge per student. Go to www.myschoolbucks.com to add money or check account balances and spending habits.</p> <p>Deli Bar daily on RED Lunch Line: choice of ham, turkey, bologna, salami or tuna w/lettuce, tomato, cheese, onions, pickles on hard roll or steak roll.</p> <p>Lunch price: \$2.25, reduced: \$0.25, milk: \$0.50, adult: \$3.76 tax included, adult milk \$0.55</p>		
<p>2/4 Cereal OR Breakfast pizza, fruit, juice, milk</p> <hr/> <p>RED: Bacon Cheeseburger, french fries, corn, fruit, milk</p> <p>BLUE: Chicken bowl, mashed potatoes, corn, roll, fruit, milk</p>	<p>2/5 Cereal, waffle, fruit, juice, milk</p> <hr/> <p>RED: Rotini and meat sauce, bread stick, salad, chickpeas, fruit, milk</p> <p>BLUE: Mozz cheese sticks, bread stick, salad, chickpeas, fruit, milk</p>	<p>2/6 Cereal, egg/cheese muffin, fruit, juice, milk</p> <hr/> <p>RED: Chicken fajita, broccoli, fruit goodie, fruit, milk</p> <p>BLUE: Mac and cheese, broccoli, fruit goodie, fruit, milk</p>	<p>2/7 Cereal, bagel, cream cheese, fruit, juice, milk</p> <hr/> <p>RED: Pulled pork sub, baked beans, veggie cup, ranch, fruit, milk</p> <p>BLUE: Popcorn chicken and waffle, baked beans, veggie cup, ranch, fruit, milk</p>	<p>2/1 Cereal, yogurt, fruit, juice, milk</p> <hr/> <p>RED: Mozz cheese sticks, salad, chickpeas, fruit, milk</p> <p>BLUE: Cheese pizza, salad, chickpeas, fruit, milk</p>
<p>2/11 Cereal OR Breakfast pizza, fruit, juice, milk</p> <hr/> <p>RED: Hot dog, baked beans, pickles, fruit, milk</p> <p>BLUE: Crunchy chicken wrap, baked beans, pickles, fruit, milk</p>	<p>2/12 Cereal, French toast, fruit, juice, milk</p> <hr/> <p>RED: Chicken Alfredo w/roll, broccoli, fruit, milk</p> <p>BLUE: Cheeseburger, broccoli, fruit, milk</p>	<p>2/13 Cereal, egg/cheese muffin, fruit, juice, milk</p> <hr/> <p>RED: Grilled cheese, tomato soup, carrots, ranch, fruit, milk</p> <p>BLUE: Chicken patty on bun, tomato soup, carrots, ranch, fruit, milk</p>	<p>2/14 Cereal, bagel cream cheese, fruit, juice, milk</p> <hr/> <p>RED: Ham/cheese bagel melt, hash brown, veggie cup, ranch fruit, milk</p> <p>BLUE: French toast sticks, sausage, hash brown, veggie cup, ranch, fruit, milk</p>	<p>2/8 Cereal, yogurt, fruit, juice, milk</p> <hr/> <p>RED: Fish sticks, roll OR Corn dog, carrot sticks, ranch, fruit, milk</p> <p>BLUE: Cheese OR Pepperoni pizza, carrot sticks, ranch, fruit, milk</p>
<p>Mid-Winter Recess Feb 18-22 Enjoy your break!</p>				
<p>2/25 Cereal OR Breakfast pizza, fruit, juice, milk</p> <hr/> <p>RED: Chicken patty/bun, OR Corn dog, cauliflower, fruit, milk</p> <p>BLUE: Mac and cheese, cauliflower, fruit, milk</p>	<p>2/26 Cereal, pancake, fruit, juice, milk</p> <hr/> <p>RED: BBQ Pork Rib/bun, baked beans, corn, fruit, milk.</p> <p>BLUE: Soft Taco, refried beans, corn, fruit, milk</p>	<p>2/27 Cereal, egg/cheese muffin, fruit, juice, milk</p> <hr/> <p>RED: Bacon cheeseburger, sweet potato fries, peas, pudding, fruit, milk</p> <p>BLUE: Hot Turkey, mashed potatoes, peas, roll, pudding, fruit, milk</p>	<p>2/28 Cereal, bagel, cream cheese, fruit, juice, milk</p> <hr/> <p>RED: Double Hot dogs, carrots, ranch, pickles, fruit, milk</p> <p>BLUE: Crunchy chicken wrap, carrots, ranch, pickles fruit, milk</p>	<p>3/1 Cereal, yogurt, fruit, juice, milk</p> <hr/> <p>RED: Mozz cheese sticks, bread stick, salad, chickpeas, fruit, milk</p> <p>BLUE: Cheese pizza or Pepperoni pizza, salad, chickpeas, fruit, milk</p>