

Saratoga County Directory

Mental Health and Suicide Prevention Resources



**211 Church Street
Saratoga Springs, NY 12866
518.584.9030**

Saratoga County Mental Health Center
www.saratogacountyny.gov

provides treatment for psychiatric illnesses and addiction disorders, including outpatient treatment; emergency and crisis intervention; screening and referral; individual, family, and group counseling; intensive day treatment; medication education and management; symptom management; and case management.



**American Foundation
for Suicide Prevention**

**AFSP – Capital Region, NY
PO Box 2143
Ballston Spa, NY 12020
518.791.1544**

Call for information about
Survivor of Suicide Loss Support
Groups and other survivor resources

American Foundation for Suicide Prevention
www.afsp.org

Capital Region, NY Chapter
www.afsp.org/capitalregionny

The **American Foundation for Suicide Prevention** (AFSP) is the leading national not-for-profit organization exclusively dedicated to understanding and preventing suicide through research, education and advocacy, and to reaching out to people with mental disorders and those impacted by suicide.



**179 Lawrence St.
Saratoga Springs, NY 12866
518.581.0800**

The Community Hospice of Saratoga
www.communityhospice.com

Provides expertise in helping family and friends grieve; all of their grief and bereavement programs and services (individual, family and group) are free and available to everyone.



National Suicide Prevention Lifeline
www.suicidepreventionlifeline.org

offer free, confidential support available to anyone in suicidal crisis or emotional distress. Your call will be routed to the nearest crisis center who can provide you with local resources.



30 Crescent Avenue
 Saratoga Springs, NY 12866
 518.584.3600

Four Winds Hospital ~ Saratoga
www.fourwindshospital.com

offers a continuum of mental health treatment options for children, adolescents and adults, including inpatient, partial hospital, intensive outpatient and outpatient.

Additional Resources for Support and Healing

- AIDS Council of Northeastern NY 518.445.2437
- Al-Anon/Alateen Hotline..... 1.800.344.2666
 (for relatives & friends of individuals w/substance abuse disorders)
- Eating Disorders Awareness/Prevention 1.800.931.2237
- Glens Falls Hospital – Behavioral Health 518.926.3210
- Nat’l Alliance of Mental Illness (NAMI), North Country 518.543.6104
- National Association for Children of Alcoholics 1.888.55.4COAS
- National Child Abuse Hotline 1.800.799.7233
- National Runaway Hotline 1.800.621.4000
- NY State Domestic Violence Hotline 1.800.942.6906
- Sexual Assault & Abuse hotline 1.800.656.HOPE
- ADK Samaritan Counseling Center 518.747.2994
- Substance Abuse Hotline 1.800.662.4357
- The Trevor Project 1.866.4.u.trevor
- Unplanned Pregnancy Hotline 1.800.648.HELP
- Warren-Washington Assoc. for Mental Health518.747.2284

Warren-Washington County Resource Directory is available on-line at www.wwamh.org